



MINDSET FOR MILLIONS





THE ELEPHANT IN THE ROOM

YOU WERE BORN INTO A RELATIONSHIP WITH MONEY



LET'S TALK ABOUT IT

What Money Mindsets & Limiting Beliefs Have You Bought Into?



YOUR MONEY PAST

- What's your first memory of money?
- What was your parent's behavior around money?
- How do your COIs respond when you bring up money?
- How often do you not invest to avoid a fight with your spouse/significant other about money?
- What would it take to forgive them and money?





THE ELEPHANT IN THE ROOM

WHAT'S BLOCKING YOUR MONEY?



MOST COMMON MONEY BLOCKS

- Unworthiness/Identity
- Unconscious Lack Mindset
- Getting Too Big OR Fear/Burden/Obligation of Success
- Fear of Abandonment (Losing Love & Security)
- Unforgiveness (Releasing someone of obligations)
- Lack of Safety/Money, Teauma





1ST PROMPT

MONEY IS...





2ND PROMPT

RICH PEOPLE ARE...





3RD PROMPT

BEING WEALTHY MEANS...





4TH PROMPT

I'M NOT FINANCIALLY FREE BECAUSE...





5TH PROMPT

MY UPBRINGING TAUGHT ME THAT MONEY & WEALTH ARE...



LOWER CLASS/POOR

- Poor (Income -> Expenditure)
- Think about money in short term
- Feel that there is NEVER enough money
- Think money's purpose is to pay bills (and that's it)



MIDDLE CLASS

- Income -> Expenditure ->Liabilities
- Think about money in the near future
- Think money is to pay bills so that you get good credit that allows you to live beyond your means
- Feel that you have to save money for a rainy day, so it doesn't run out when you need it (LACK)
- Think liabilities are actually assets

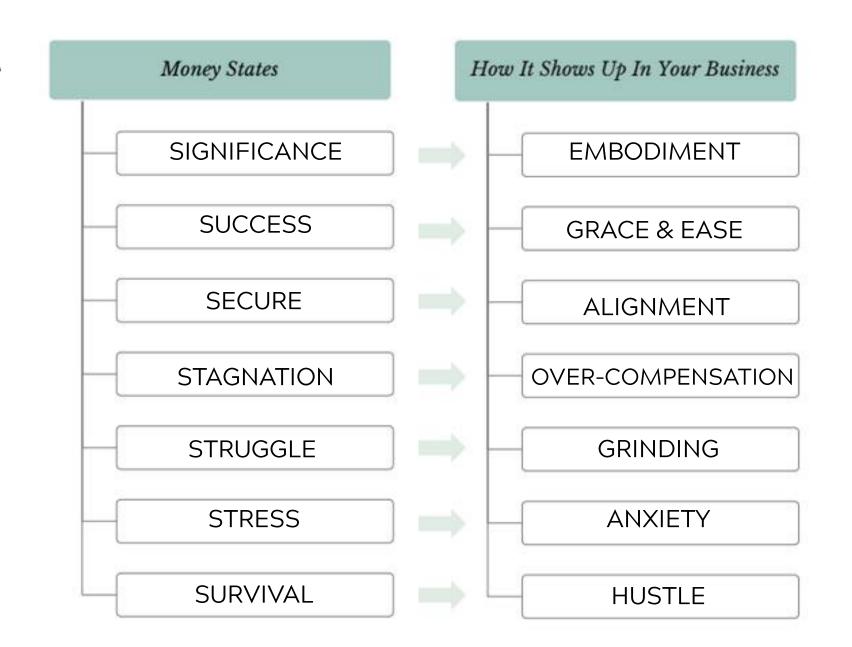


THE WEALTHY CLASS

- Income -> Assets -> Multiple Streams of Income
- Think about the future without discounting the present
- Think money is to create more money
- Feel that money will always be available when they call for it
- Are financially literate/savvy



YOUR MONEY STATE





MONEY ATTACHMENT STYLE

SECURE

- Easily trusts money
- Connects with money easily
- Manages money well
- Whole with or without money
- Open and available to money

AVOIDANT

- Doesn't trust money
- Disconnected from money
- Ignores

 anything
 pertaining to
 money
- Is uncomfortable spending & receiving money
- Feels threatened by money

ANXIOUS

- Doesn't trust money
- Reactive with money
- Clings to money
- Feels unworthy of spending& receiving
- Fears losing money
- Over manages money

CHAOTIC

- Seeks money but doesn't trust it
- Inconsistent with spending & receiving
- Loves having money but is afraid of losing it
- Attempts to control money



Is your inner 7-yearold affecting the way you see money?





Money Back Story

Every one of us has a backstory. Be it about money, fear or other limiting beliefs, this story is preventing you from building a business that serves you. As a child, in our first 7 years of living we likely saw and heard some things that have shaped our relationship with money. In the far left column, write down what you can remember witnessing as a child about money. In the subsequent columns list out how you saw the influences from years 1-7 consistently show up in your life as a teen, young adult and adult.

Ages 1 through 7	Ages 8 through 14	Ages 15 through 21	Ages 22 through 28	Ages 29 through 35	Ages 36 to 42
1	8	15	22	29	36
2	9	16	23	30	37
3	10	17	24	31	38
4	11	18	25	32	39
5	12	19	26	33	40
6	13	20	27	34	41
7	14	21	28	35	42

1 12 10	Λ Γ Γ	A E7	A C A	A	A 70 04
Ages 43 to 49	Ages 50 to 56	Ages 57 to 63	Ages 64 to 70	Ages /1 to //	Ages 78 to 84
11868 18 68 19	11868 88 68 88	11965 57 65 65	11603 0 1 00 7 0	11868 / 1 68 / /	11868 / 6 68 6 1



LET'S TALK ABOUT IT

Money Mindset Makeover



LET'S TALK ABOUT IT

Shift Your Money Beliefs



"If you hold the belief that you must work hard to make money, then you cannot make money unless you are doing hard work. Your actions will always follow your beliefs. No success hinges on hard work. All success, including success financially, is realized through alignment."



LET'S TALK ABOUT IT

WHICH ONE IS YOURS?

Let's define & reframe them.



LET'S TALK ABOUT IT

The key to allowing more money in?

Safety.





Write Your Love Letter To Money



True or False

MONEY IS NO LONGER YOUR PROBLEM





HUDDLE





What money blocks & beliefs came up for you and how will shifting from them move you to millions?



God is not holding anything from you.

-Dr. Darnyelle Jervey Harmon



